### **SHOTFIELD MEDICAL PRACTICE PATIENT SURVEY 2017**

We would be very grateful if you could complete the following questionnaire. We are collecting information in the strictest confidence.

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'lease	e give one reason for your answer				
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omn	nunications				
		. 4: -111.4			
о уо	u look at or use any of the following? (pleas	e tick all t	that ap	ply):	
o yo		e tick all t	that ap	pply):	
o yo	View/print test results online		that ap	oply):	
o yo	View/print test results online Book/cancel appointments online (with GP		that ap	oply):	
o yo	View/print test results online Book/cancel appointments online (with GP Request repeat prescriptions online		that ap	oply):	
о уо	View/print test results online Book/cancel appointments online (with GP Request repeat prescriptions online Online access to your medical records		that ap	oply):	
о уо	View/print test results online Book/cancel appointments online (with GP Request repeat prescriptions online Online access to your medical records Receive texts from the Practice		that ap	oply):	
o yo	View/print test results online Book/cancel appointments online (with GP Request repeat prescriptions online Online access to your medical records Receive texts from the Practice Shotfield Medical Practice Website		that ap	oply):	
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	View/print test results online Book/cancel appointments online (with GP Request repeat prescriptions online Online access to your medical records Receive texts from the Practice Shotfield Medical Practice Website Shotfield Medical Practice Facebook Shotfield Medical Practice Twitter		that ap	oply):	

#### 4 Exercise

Moderate exercise is defined as exercise which makes you warm and raises your pulse Vigorous exercise is defined as exercise which is so strenuous that it is difficult to speak

### 3.1 How much moderate or vigorous exercise do you take per WEEK?

	Moderate	Vigorous
Less than 30 mins		
30 mins to under 1 hour		
1 hour to under 2.5 hours		
2.5 hours or more		

	you know that the recon s per week?	nmended amount of moderate or vigorous exercise for adults is 150
,	Yes	No
3.3 Wo	uld you be prepared to jo	in an exercise programme to benefit your health?
,	Yes	No

# 3.4 If yes, what activities do you do now or would you consider in the future? (Please tick all that apply)

	NOW	IN FUTURE
Walking for health		
Fitness/exercise class		
Football		
Walking football		
Netball		
Walking netball		
Tai Chi		
Yoga		
Swimming		
Dancing		
Other please state		

4 The practice has a Patient Participation Group to promote the interests of patients and the Practice.
Please note they do NOT deal with individual queries.

4.1 Would you be interested in assisting the PPG in any of the following areas?	

Carrying out surveys such as this one	
Promoting online access to appointments,	
prescriptions and test results	
Disability awareness	
Specific health needs of minority groups	
Leading healthy walks	
Writing a newsletter	
IT skills	

4.2 If you have any other CONSTRUCTIVE suggestions for aspects of the Practice which you would like the PPG to promote, please state here:				
4.3 Would you like there to be a PPG Newsletter?				
Online Newsletter Paper Newsletter Not interested				
×				
If you are willing to assist with any PPG activities please complete your contact information here, tear off the slip and hand in separately to reception. OTHERWISE LEAVE THIS SECTION BLANK:				
Full Name:				
Contact Tel No(s):				
And/or				
Email address:				
I am interested in assisting the PPG with				

5 This survey is entirely confidential however the NHS requires us to collect the following information to check that we have covered a diverse sample of the patients registered at this Practice.

## 5.1 How do you describe your gender?

Male	
Other	

Female	
Prefer not to say	

### 5.2 What age group are you in?

<u> </u>	
Under 16	
17-24	
25-34	
35-44	
45-54	

55-64	
65-74	
75-84	
85 or over	

## 5.3 What is your ethnic group?

White British	
White Irish	
Any other White background	

Black or Black British Caribbean	
Black or Black British African	
Other Black or Black British background	

Mixed White & Black Caribbean	
Mixed White & Black African	
Mixed White & Asian	
Any other Mixed background	

Asian or Asian British Indian	
Asian or Asian British Pakistani	
Asian or Asian British Bangladeshi	
Any other Asian background	

Chinese	
Any other ethnic background	